

Zumba with Lorena

COMMENCING SATURDAY 9th FEBRUARY

Charteris sports centre

Saturday's

Zumba for adults
10.30am-11.30am

Tuesday's

Zumba for adults
7.30pm - 8.30pm

Walk in £6.00

Discounted passes available
Please see website for details

Join our new classes at the revamped Charteris sports centre in a mirrored dance studio, and with the benefits of changing rooms and showers. Class is suitable for all levels, so even if you are a complete beginner you can join in.

Burn calories, tone up and get fit in a fun way!



**CHARTERIS SPORTS CENTRE
24-30, CHARTERIS ROAD,
LONDON NW6 7ET**

Contact details

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www.zumbatropical.com